

Upper Providence Township Update

www.uprov-montco.org Winter 2014-15 ♦ Vol. 14, No. 2



Construction work continues at the job site of the new Upper Providence Township Police Administration Building.

New Police Administration Building Expected To Open Early Summer 2015

Since officially breaking ground at the construction site on August 6, 2014 building progress has been made on the Township's new \$4.5 million police administration building located on the other side of the existing portico. Features of the new 12,000-square-foot police facility include: Appropriate training and conference rooms, accredited detention facilities, a public lobby, and even a forensic processing room.

New Police Building Positively Affects Entire Community

Police Chief Mark Toomey says moving into the new police facility will even better allow the Upper Providence Township Police Department to fulfill the police mission of serving Township residents. Toomey says, "In the new facility we will

be equipped with an emergency operations center and will have the ability to have on-site interviews and meetings with members of the community who may be victims of crime or are in need of other police services."

Also, Toomey says that training for officers and other law enforcement agency personnel will be able to be conducted on-site in the new facility. "This is something we can't do in our current facility because we are double the capacity in personnel," says Toomey. The Township looks forward to opening doors at the new police facility and being in full operation by early summer 2015. For updates on this project, be sure to visit www.uprov-montco.org and "like" the Upper Providence Police Department Facebook page. ♦

Township Undergoes Emergency Services Assessment

Recently, Upper Providence Township concluded an Emergency Services Assessment, which is an evaluation conducted by a third party agency to ensure that the Township fire services are providing the best possible care to our residents, merchants, and community. Fire Marshal Joshua Overholt, says, "Our number one goal is to always put the safety of our community first."

Overholt advises as Upper Providence Township continues to grow and thrive, sometimes too much growth too quickly can have an adverse affect on the services provided by a

Township fire department. "We want to avoid this at all costs. This is why we use a formal evaluation process to review current procedures, response times, manpower and overall structure of the fire services," says Overholt.

Upper Providence Township received a positive rating as a result of the Emergency Services Assessment. The areas of particular strength that were highlighted include that the Township has quality equipment and provides quality equipment for firefighting forces to use. Additionally, it was noted that Upper Providence Township also provides a great deal of funding to the organizations and their manpower who protect the community.

Overholt says the Fire Department will carefully consider the additional recommendations set forth by the evaluation to even further improve the service to the community. ♦



Register Today for Winter Programs!

Registration for all Winter 2015 programs is open. Registering for recreation programs is easier than ever at our recreation website: www.uptrc.com. You can also download a registration form on www.uprov-montco.org and mail it to the township office. *Become a Member of the Upper Providence Township Recreation Center and save on all programs below!*

Child & Teen Programs

Indoor Soccer

Ages 5-6 Tuesday 4:30-5:20 pm

Ages 7-9 Tuesday 5:30-6:20 pm

Winter I: January 6, 13, 20, 27,

February 3, 10

Winter II: March 3, 10, 17, 24, 31, April 7

Location: Recreation Center

Cost: UPTRC Member \$32

Non-Member \$42

Learn basic techniques and skills while playing this fast paced game. Each class includes instruction, warm up, and game play.

Art for Fun & Learning

All Supplies Included

For ages 6-12

Monday 5:00-5:50 pm

Winter I: January 5, 12, 19, 26,

February 2, 9

Winter II: March 2, 9, 16, 23, 30, April 6

Location: Recreation Center

Cost: UPTRC Member \$35

Non-Member \$45

Is your child interested in art? This class will give them a chance to test their skills in all types of art mediums. Try Origami, Print Making, and Cartooning to name a few.

Let's Do Robotics - by Computer Explorers

For ages 7-10

Tuesday 4:30-5:30 pm

Winter I: January 6, 13, 20, 27,

February 3, 10

Winter II: March 3, 10, 17, 24, 31, April 7

Location: Recreation Center

Cost: UPTRC Member \$95

Non-Member \$110

Children will have fun as they work with teammates to add motors to many models that they build including a race car, a conveyor belt, a crane, an amusement park ride and more.

Basketball - by Impact Sports

Ages 3-6 Friday 4:30-5:20 pm

Ages 7-10 Friday 5:30-6:20 pm

Winter I: January 9, 16, 23, 30,

February 6, 13

Winter II: March 6, 13, 20, 27, April 3, 10

Location: Recreation Center

Cost: UPTRC Member \$45

Non-Member \$55

Dribble, shoot, score! Learn basketball techniques, workouts and drills, and play a variety of basketball games.

Hip Hop

For ages 8-12

Wednesday 5:00-5:50 pm

Winter I: January 7, 14, 21, 28,

February 4, 11

Winter II: March 4, 11, 18, 25, April 1, 8

Location: Recreation Center

Cost: UPTRC Member \$32

Non-Member \$42

Learn "Pop & Lock" dance techniques- just like in music videos! All music and movement will be age appropriate. Dancers should wear comfortable clothing that does not restrict movement.

Volleyball

For ages 8-14

Friday 5:00-5:50 pm

Winter I: January 9, 16, 23, 30,

February 6, 13

Winter II: March 6, 13, 20, 27, April 3, 10

Location: Recreation Center

Cost: UPTRC Member \$45

Non-Member \$55

Come play in our beautiful gym, and learn all the basic skills to make you a top notch player. A variety of drills and volleyball games will be played. Bring a water bottle and knee pads. Class is geared for beginners.

Digital Media Experience by Groove

For ages 8-13

Wednesday 5:00-5:50 pm

Winter I: January 7, 14, 21, 28,

February 4, 11

Winter II: March 4, 11, 18, 25, April 1, 8

Location: Recreation Center

Cost: UPTRC Member \$110

Non-Member \$120

Participants are assigned to production teams where they will take a hands-on, interactive approach to creating movie trailers, musical scores and soundtracks, news broadcasts and more.

Martial Arts

For ages 7-15

Thursday 5:30-6:30 pm

Winter I: January 8, 15, 22, 29,

February 5, 12

Winter II: March 5, 12, 19, 26, April 2, 9

Location: Recreation Center

Cost: UPTRC Member \$35

Non-Member \$45

This exciting class is an introduction to the martial art of Okinawan Karate. Classes will consist of warm-up and stretching; basic blocks, punches, and kicking; solo and partner practice of forms (kata). The class provides a fun way to get in shape, gain self-confidence, and learn some self-defense skills, in a supportive group environment.

Get Red Cross Babysitting Certified Today!

For ages 11-15

Saturday, February 21

Time: 9:00 am-3:00 pm

(Please pack your own lunch)

Location: Recreation Center

Cost: UPTRC Member \$65

Non-Member \$75

Learn how to be a superior babysitter! Class discusses age appropriate toys and games, how to be safe on the job and respond to emergencies.

Adult and Senior Recreation Programs

Cycling

For ages 13+ (13-15 yr olds must be accompanied by an adult)

Get a great, low impact cardio workout while racing, climbing and sprinting on a stationary bike. Class is open to beginners and experienced cyclists.

Monday 6:00-6:50 pm - Gina

Monday 7:00-7:50 pm - Kristi

Winter I: January 5, 12, 19, 26, February 2, 9

Winter II: March 2, 9, 16, 23, 30, April 6

Wednesday 6:00-6:50 pm - Gina

Wednesday 7:00-7:50 pm - Gina

Winter I: January 7, 14, 21, 28, February 4, 11

Winter II: March 4, 11, 18, 25, April 1, 8

Thursday 8:45-9:35am - Kristi

Winter I: January 8, 15, 22, 29, February 5, 12

Winter II: March 5, 12, 19, 26, April 2, 9

Location: Recreation Center

Cost: UPTRC Member \$32, Non-Member \$46

Cycle & Sculpt

For ages 13+ (13-15 yr olds must be accompanied by an adult)

Want to cycle but also need time to focus on your arms and core? Join us for 30-35 minutes of cycle on a stationary bike, followed by 15-20 minutes of floor exercises. Beginner and experienced cyclists welcome!

Saturday 8:30-9:20 am - Kristi

Winter I: January 10, 17, 24, 31, February 7, 14

Winter II: March 7, 14, 21, 28, April 4, 11

Location: Recreation Center

Cost: UPTRC Member \$32, Non-Member \$46

TRX Training

For ages 13+ (13-15 yr olds must be accompanied by an adult)

TRX Suspension trainer is like no other piece of equipment in the gym! Born in the Navy Seals, the TRX uses your body weight to develop full body strength, and balance a blast of core stability. This functional training class will strengthen your body for all of the activities you do every day.

Monday 9:10-10:00 am - Kim

Winter I: January 5, 12, 19, 26, February 2, 9

Winter II: March 2, 9, 16, 23, 30, April 6

Location: Recreation Center

Cost: UPTRC Member \$32, Non-Member \$42

Total Body HIIT & Kick

For ages 13+ (13-15 yr olds must be accompanied by an adult)

Cardio Kickboxing and High Intensity Interval Training (HIIT) will boost your heart rate and fire up your metabolism so the fat burning will continue long after your workout has ended.

Monday 6:30-7:20 pm - Allison

Winter I: January 5, 12, 19, 26, February 2, 9

Winter II: March 2, 9, 16, 23, 30, April 6

Location: Recreation Center

Cost: UPTRC Member \$32, Non-Member \$42

Zumba

For ages 13+(13-15 yr olds must be accompanied by an adult)

Zumba fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic fitness program that will blow you away!

Wednesday 6:00-6:50 pm - Liz

Winter I: January 7, 14, 21, 28, February 4, 11

Winter II: March 4, 11, 18, 25, April 1, 8

Location: Recreation Center

Cost: UPTRC Member \$32, Non-Member \$42

Total Body Toning & Abs

For ages 13+ (13-15 yr olds must be accompanied by an adult)

Try this strength training class that will make working out fun and change your body! Bring an exercise mat.

Tuesday 6:30-7:20 pm - Kristi

Winter I: January 6, 13, 20, 27, February 3, 10

Winter II: March 3, 10, 17, 24, 31, April 7

Thursday 6:30-7:20 pm - Gina

Winter I: January 8, 15, 22, 29, February 5, 12

Winter II: March 5, 12, 19, 26, April 2, 9

Friday 9:30-10:20 am - Kim

Winter I: January 9, 16, 23, 30, February 6, 13

Winter II: March 6, 13, 20, 27, April 3, 10

Location: Recreation Center

One Day: UPTRC Member \$32, Non-Member \$42

Two Days: UPTRC Member \$55 Non-Member \$68

Step Interval

For ages 13+ (13-15 yr olds must be accompanied by an adult)

The energizing step workout will make you feel liberated and alive. It will bring your cardio workout to new heights.

Tuesday 9:00-9:50 am - Gina

Winter I: January 6, 13, 20, 27, February 3, 10

Winter II: March 3, 10, 17, 24, 31, April 7

Thursday 5:30-6:20 pm - Gina

Winter I: January 8, 15, 22, 29, February 5, 12

Winter II: March 5, 12, 19, 26, April 2, 9

Location: Recreation Center

Cost: UPTRC Member \$32, Non-Member \$42

Strength & Stability

For ages 13+ (13-15 yr olds must be accompanied by an adult)

Burn fat and sculpt. Designed to target major muscle groups along with abdominal exercise.

Monday 6:30-7:20 pm - Arlene

Winter I: January 5, 12, 19, 26, February 2, 9

Winter II: March 2, 9, 16, 23, 30, April 6

Location: Recreation Center

Cost: UPTRC Member \$32, Non-Member \$42

Yoga Firm

For ages 13+ (13-15 yr olds must be accompanied by an adult)

Along with burning calories and stretching, our class will tone your body and relax your mind. Bring a mat!

Tuesday 7:00-7:50 pm - Arlene

Winter I: January 6, 13, 20, 27, February 3, 10

Winter II: March 3, 10, 17, 24, 31, April 7

Location: Recreation Center

Cost: UPTRC Member \$32, Non-Member \$42

Pilates

For ages 13+ (13-15 yr olds must be accompanied by an adult)

Slim your waist, stomach, and hips; strengthen and tone your muscles. Bring an exercise mat and large towel. Beginners welcome!

Friday 9:00-9:50 am - Chris

Winter I: January 9, 16, 23, 30, February 6, 13

Winter II: March 6, 13, 20, 27, April 3, 10

Location: Recreation Center

Cost: UPTRC Member \$32, Non-Member \$42

Functional Fitness

For ages 13+(13-15 yr olds must be accompanied by an adult)

Internal flexibility workout using bands and balls. Light aerobics will be included too.

Wednesday 6:30-7:20 pm - Arlene

Winter I: January 7, 14, 21, 28, February 4, 11

Winter II: March 4, 11, 18, 25, April 1, 8

Location: Recreation Center

Cost: UPTRC Member \$32, Non-Member \$42

Strength in Motion

For active adults

Increase strength, balance and flexibility using bands and light weights. Designed for active older adults.

Wednesday 9:00-9:50 am - Chris

Winter I: January 7, 14, 21, 28, February 4, 11

Winter II: March 4, 11, 18, 25, April 1, 8

Location: Recreation Center

Cost: UPTRC Member \$28, Non-Member \$35

Zumba Gold

For active adults

Zumba fuses hypnotic Latin rhythms geared for active adults with easy to follow moves to create a dynamic fitness program that will blow you away!

Monday 11:00-11:50 am - Holly

Winter I: January 5, 12, 19, 26, February 2, 9

Winter II: March 2, 9, 16, 23, 30, April 6

Location: Recreation Center

Cost: UPTRC Member \$28, Non-Member \$35

Yoga

For ages 13+ (13-15 yr olds must be accompanied by an adult)

A traditional Yoga workout, appropriate for beginners and those continuing their yoga practice. Bring a mat!

Monday 9:00-9:50 am - Holly

Winter I: January 5, 12, 19, 26, February 2, 9

Winter II: March 2, 9, 16, 23, 30, April 6

Thursday 6:00-6:50 pm - Holly

Winter I: January 8, 15, 22, 29, February 5, 12

Winter II: March 5, 12, 19, 26, April 2, 9

Location: Recreation Center

Cost: UPTRC Member \$32, Non-Member \$42

Watching New Development



The Planning Commission reviews development plans at public meetings on the second and fourth Wednesdays of each month at 7:00 p.m. at the township building. If you have questions about development, call the township office at 610-933-9179, or stop by to review development plans or talk with a township staff member. Learn more at www.uprov-montco.org/planning.

Plans in Final Review

Residential:

- **Bechtel Road, just west of Route 113.** A proposal to create seven lots, by Robert Fieco.
- **1045 Black Rock Road.** Toll/ Troutman proposes 97 units to be developed on 55 acres under the new Township Mixed Residential Community zoning district.

Commercial:

- **1425 Collegeville Road.** Emeritus at Collegeville/Wegmans proposes a 241 unit assisted living and nursing home Tract size 9.84 acres.

Plans Requesting Preliminary Review

- **628 Black Rock Road.** Bard Property proposes a three lot sub-division.
- **Olympic Road, west side.** A proposal to sub-divide the property into eight lots for the construction of single family homes.

- **1095 Black Rock Road.** This project by Freeland/Curry on 15.22 acres proposes 52 units to be developed under the new Township Mixed Residential Community zoning district.
- **1112 Collegeville Road.** Morgan Tract/Gambone proposes 89 units to be developed under the new Township Mixed Residential Community Zoning district. It is located on 24.15 acres.
- **Providence Town Center at 200 Spring House Road.** The applicant proposes a two building land development. One building is flex office space and the other building is proposed as a daycare center.
- **New Mill Road/Perkiomen Valley Park.** Oaks Properties Inc. proposes the use of outside storage for a four acre property at the end of New Mill Road adjacent to the Lower Perkiomen Valley Park.

- **Audubon Land Development.** Applicant proposes an outside trailer and equipment storage use for 10.25 acres at the rear of this property.
- **Borough Line Road.** Applicant Hess requests sub-division of 40.35 acres to create 31 residential building lots for single family homes.

Plans Requesting Tentative Approval

- **Providence Corporate Center.** Applicant proposes the construction of a 97 unit Residence Inn on four acres off of Campus Drive, adjacent to the existing Marriott Courtyard.

Zoning Proposals

The following locations are under consideration by the Board of Supervisors as of November 2014:

- **Campus Drive & 422.** The applicant has requested a conditional use review of a proposed Billboard to be installed along 422 near the Marriott current location.

Winter Safety Reminder

Security Tips from The Township Police Department

1. Protect your residence while you are away: Before you head out of town for an extended holiday, it is always a safe idea to notify the police department. You can call the police department at: 610-933-7899. Also, look into using timers for your lights to give the impression that someone is home. You can also place a hold on mail or have someone collect them for you while you are away.
2. Maintain your property in a secure manner: Ensure that all the locks for your doors, perimeter fences, and windows are in good working order.
3. Report suspicious activity: If you see something, say something. Reporting this information can prevent burglaries and other property crimes in our community.
4. Prevent identity theft and credit card fraud during the holiday season: Periodically check your credit report for unauthorized transactions and maintain the security of your credit and personal information. Residents should be aware of Phishing on the internet for personal information through fictitious websites and fraudulent email requests.

Volunteer Firefighters Are Always Needed!

Volunteer firefighting is a very rewarding and valuable way to serve your community. It takes dedication and many hours of training. If you're willing to put in the time and effort, there is a department ready for you to serve! Any Township residents interested can contact the Fire Marshal's Office at 610-933-9179 ext 130.

Upper Providence Township



1286 Black Rock Road, PO Box 406
• Oaks PA 19456
Phone: 610-933-9179
• Website: www.uprov-montco.org

Township Supervisors ♦ Lisa Mossie, *Chairman*
♦ John F. Pearson, *Vice Chairman* ♦ Philip A. Barker, *Supervisor*
Township Manager ♦ George Waterman

Winter Safety Reminders (cont'd)



Shoveling Etiquette

Keep these snow etiquette rules in mind to best help Upper Providence, PennDOT, and private contractor crews keep our roads safe during the winter months:

- Park all vehicles off the street before, during, and after a snowstorm.
- Refrain from throwing snow onto the roadway when shoveling. You could be fined.
- For recycling and garbage day pickup, please shovel an area for containers on your curb or driveway.
- Parents, please watch your children closely during snow play!
- Keep all sleds and toys out of the street.
- Remove snow from the end of your driveway and in the front of your mailbox.
- Shovel snow to the right of the driveway to avoid having plows push snow back into your driveway.

Mailbox Placement

Check your mailbox now, and be worry-free when snow plows are on the roads! To prevent damage from passing snowplows, mailboxes should be installed following these specifications:

- Top of mailbox is 41-45 inches from the ground.
- Mailbox should be set back 6-8 inches from the front face of the curb or road edge
- The township is not responsible for damage caused by improper mailbox placement or rotted mailbox posts.

Stay connected with eNews

Stay in-the-know with frequent e-mail communications sent to you from our Township offices. Add your family's e-mail address to the list on the Upper Providence Township website homepage at www.uprov-montco.org and at our Recreation Center website at www.uptrc.com.

Other Township Updates

Police Department Promotions

The Township would like to recognize the promotions of these Upper Providence Township Police Department Staff:



- Matt Tobin to Sergeant



- Jason Gerhart to Corporal



- Mark Freeman to Lieutenant

Pennsylvania American Water Company Awards Fire Department Grant

Every year Pennsylvania American Water Company makes a grant available to township emergency services departments. Fire departments can use this money for equipment or training as they see fit. Our 2014 grant was used for a training package purchased from the Buck County Community College for fire and rescue training. "Our fire department greatly benefits from this grant, and we hope to receive this award again in 2015," says Fire Marshal Chief Joshua Overholt. Pennsylvania American Water, a subsidiary of American Water (NYSE: AWK), is the largest water utility in the state, providing high-quality and reliable water and/or wastewater services to approximately 2.1 million people.

Public Compost Site Winter Hours

Our Township public compost site, located at 1094 Longford Road, is proud to offer free mulch and compost to township residents. For now, compost and mulch is free for township residents only, so please bring a photo ID to the compost site. Be sure to call the Public Works office before stopping by the compost site to confirm that mulch and compost are available: 610-933-9179.

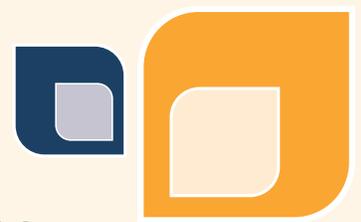
- Wednesdays, 1 p.m. to dusk, weather permitting.
- Saturdays, 8 a.m. to 3 p.m., weather permitting.

Recycle Your Christmas Tree

It's easy to recycle your Christmas tree in Upper Providence Township. Between December 26, 2014 and January 31, 2015 please bring your ornament-free trees to:

- The township offices at 1286 Black Rock Road. **During township office hours*
- The public compost site at 1094 Longford Road. **During public compost site hours*

Events For The Whole Family!



Parents' Night Out

For ages 4-14

Friday, January 16

Friday, February 13

Friday, April 10

Time: 6:00-10:00 pm

Location: Recreation Center

Cost: UPTRC Member \$12/child

Non-Member \$17/child

Plan a date night and leave the babysitting to us! While you are out on the town, children will enjoy fun at the Rock wall, games, pizza, and more!

Flashlight Egg Hunt

Friday, March 27

7:30-9:00 pm

For ages 11-15

Cost: \$5.00 per person.

Pre-registration is required.

Bring your flashlight and a bag to carry your eggs for this after-dark adventure featuring great prizes! Pizza & drinks will be served.

Kids Play at the Egg Hunt!

Saturday, March 28 at 9 am

For children up to 8 years old

Join the Spring Bunny at Black Rock Park as you hunt for eggs at Black Rock Park. Bring your camera to take pictures. Event is free.

Shred it on April 18

9:00 am-1:00 pm

Location: Meeting Hall, Black Rock Road

Cost: Free

After tax season it is time to clean out old files and destroy them confidentially. This event is open to Township Residents for their personal documents. No Businesses will be accepted.

Family Night

For all ages

Date: Friday, March 13th

Date: Friday, May 15th

Time: 6:30-9:30 pm

Location: Recreation Center

Cost: UPTRC Member \$20/family

Non-Member \$30/family

Turn off the video games & TV and bring the family out for a night of fun and games! A variety of games, rock wall, bingo and more!

Save-the-date:

Community Golf Outing

Tuesday, April 14

12:00-8:00 pm

Single Player: \$135

Foursome: \$500

Join us for 18 holes of fun at RiverCrest Golf Club to benefit the UPT Recreation Center. Cost includes course fee, golf cart, lunch, player gifts and buffet style dinner. Sponsorships are available.

CURRENT RESIDENT OR

- ◆ Read Updates from Our Police Department. See page 5.
- ◆ Stay safe this winter! Read all the tips from Township officials on pages 4-5.
- ◆ Register Today for Winter Recreation Programs. See pages 2 & 3.

What's Inside:

Winter 2014-15

Township of Upper Providence
1286 Black Rock Road
PO Box 406, Oaks PA 19456



POSTAL CUSTOMER

Standard Mail
U.S. Postage
PAID
SOUTHEASTERN
PERMIT #565