

# Upper Providence Township Update

www.uprov-montco.org

Fall 2013 ♦ Vol. 13, No. 2

## Meet New Police Chief Mark A. Toomey

At the Board of Supervisors meeting on September 3, 2013 Mark A. Toomey accepted his duties and was sworn in as the new Police Chief of Upper Providence Township. His first official day of work was September 4, 2013. Most recently Chief Toomey served as Police Chief in Hatfield Township, Montgomery County.

Chief Toomey comes to Upper Providence well-prepared to assume the duties and responsibilities of his new role. He brings with him a total of 36 years of law enforcement experience, serving in the Police Chief position in Hatfield Township for 10 years.

“I believe my years of law enforcement experience have prepared me for most challenges I may face as the new leader of Upper Providence Police Department. I intend to use my many years as the leader in Hatfield Township to develop further the professional nature of these officers,” says Chief Toomey.

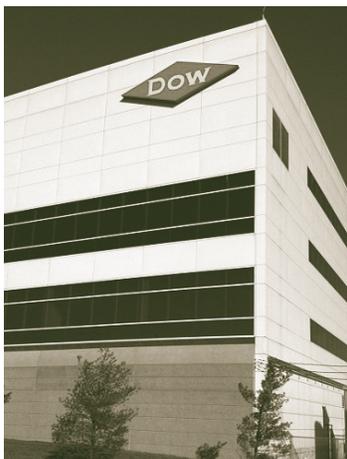
Chief Toomey is the current Executive Board Chairman and past president of the Montgomery County Police Chiefs Association. Prior to becoming Chief in Hatfield, he served in the positions of Patrol Officer, Detective, and Detective Sergeant. Chief Toomey has completed hundreds of hours of education and specialty training from institutions including: Montgomery County Community College, Temple University, the Command Institute for Police Executives, the FBI National Academy in Quantico Virginia, among others.



Chief Toomey was sworn in at the Board of Supervisors meeting on September 3, 2013

“My career in law enforcement has been extremely rewarding—it has given me the opportunity to protect the civilians of a community and help them when they have been victimized,” says Chief Toomey, “I am ready for my new leadership role in Upper Providence Township to make a major impact on responding to the needs of our community effectively.”

Police Chief Donald H. Sherid retired after 43 years of service to the Upper Providence Community. “It is with deep gratitude that we thank Chief Sherid for his many years of dedicated service to our Township. Our search for his replacement yielded law enforcement candidates of the highest caliber from all across the country,” says Lisa Mossie, Upper Providence Board of Supervisors Vice Chairman. ♦



## Dow Inaugurates New Innovation Hub

Representing a new chapter in the company’s storied history in the Delaware Valley, The Dow Chemical Company (NYSE: DOW) inaugurated its brand new Northeast Technology Center (NTC) in Collegetown, Pennsylvania on July 31, 2013.

A world-class, state-of-the-art 800,000 square foot facility, the NTC is a global research and development hub of modern lab and office facilities providing a fully equipped, collaborative space for more than 800 employees and contractors.

Speaking at a ribbon cutting event attended by more than 700 employees, contractors and community members, Pennsylvania Governor Tom Corbett said, “Today Dow is making clear that it is committed to Pennsylvania, as a place of business, as a center of research and development, and as a home of innovation.”

“The Northeast Technology Center is yet another example of Dow’s continued commitment to innovation and collaboration,” said Andrew Liveris, Dow Chairman and CEO. ♦



# Coming Soon: 30, 60, or 90-day Memberships at the UPTRC

A Membership to our state-of-the-art Upper Providence Township Recreation Center gives you access to everything you need to live a healthy and exciting life right in our community. Starting January 1, 2014 we're going to be offering 30-day, 60-day, and 90-day Membership Trial offers in addition to our yearly Memberships! Take advantage of exercise classes, childcare, meeting rooms, personal training, a fitness center, and so much more. For more information and Membership pricing visit [www.uptrc.com](http://www.uptrc.com) or call 484-391-2390.

## Recreation Center Q&A With Director Sue Barker

Recreation Director Sue Barker answers some frequently asked questions from our community about the Membership Program at the Upper Providence Township Recreation Center.

**Question:** How has opening the Recreation Center affected the types of programming we offer in Upper Providence Township?

Our older active adults have really been a plus to our programming—and this was an audience we couldn't serve as well prior to opening the Recreation Center! We enjoy seeing these Members (some almost every day!). For many, the UPTRC has become a place to gather and talk, go out to lunch, or come in and exercise.

**Question:** Why do we sell Memberships to the Recreation Center?

The UPTRC is membership-based because over seven years ago we did a study to see if the community wanted a community building like this. Based on that study, our community was very much in favor of having one; however it was clear that the community did not want their taxes to increase. (Currently there is no real estate tax for our Township). Based on what we learned, we have the Recreation Center Membership programs which are an investment into these services.

**Question:** What makes our fitness center different from other gyms?

Our fitness center has offered a place for people to come that is non-judgmental and our trainers are here to help with any question that you might have on your fitness routine. We are not crowded and we always have a machine open for use. The equipment is state-of-the-art, and we have a lot of free weights and an area in which to utilize them.

**Question:** What makes the Recreation Center a place for all ages in our community?

We are more than just a gym! We have year-round fitness programming and we offer special events such as our Parents' Night Out and other youth and teen classes on-site.

# See What Current UPTRC Members Are Saying!

Special thanks to all of the Upper Providence Township Recreation Center Members that wrote into us to share their Membership experiences!

## *I've Improved the Quality of My Retirement*

The day I discovered the Upper Providence Township Recreation Center was really my lucky day. Not only is the facility the beautifully maintained with up-to-date equipment – but it is staffed by the most friendly, considerate people I have ever met.

The SilverSneakers program offered by UPTRC has improved my retirement. I stretch my joints, strengthen my muscles, and increase my sense of well-being with every workout – all accompanied by lots of laughs. Through the program I have made new friends and have broadened my horizons. I look forward to going every day.  
– Milda W.

## *We Enjoy Silver Sneakers!*

My wife and I have been going to the silver sneakers exercise classes at the Upper Providence Township Recreation Center since the beginning of 2013. We really enjoy the group of instructors who are very knowledgeable and friendly. It's good exercise, good companionship, and a lot of fun. It's also helped me lose about 20 pounds  
– John R.

## *There are a Variety of Classes for Adults*

For me (in my 40's, having never really worked out or exercised regularly), the Recreation Center was perfect. Attentive and respectful trainers, state of the art equipment, an un-crowded, nonjudgmental atmosphere, and a variety of classes allowed me to work through a strength and cardio regimen that I was able to stick with.  
– Mark P.

## *This is the Fittest I Have Ever Been - At 40!*

I've lost 55 pounds since becoming a Member at the UPTRC! It is the most non pretentious gym I have ever been to. I was an athlete that let my fitness get away from me as time (and work and kids) took over. With the facilities, trainers and classes available fitness is now fun again! UPTRC is like family! – Mick D.

# Anyone Can Join In A Fitness Class!

You don't need to be a Member to the Upper Providence Township Recreation Center to enjoy one of our many fitness classes! We offer Drop-in classes between each session. No breaks if you choose to keep with the same class or if you would like to try something new. This is FREE to members, for non-members the fee is \$8.00 per class. All classes during this time are on a first come first serve basis. Class offerings include: Pilates, Yoga, Zumba, Cycling, and more!



# Register Today for Fall Programs!

Registration for all Fall 2013 programs is open. Registering for recreation programs is easier than ever at our recreation website: [www.uptrc.com](http://www.uptrc.com). Visit us online, click on "Activities," and choose your programs. You can also download a registration form on [www.uprov-montco.org](http://www.uprov-montco.org) and mail it to the township office.

## Child & Teen Programs

### Crafty Kids

*2 to 3 years old*

*Parent participation is required*

**Location:** Recreation Center

**Fall 1 Session:** Sept 17, 24, Oct 1, 8, 15, 22

**Fall 2 Session:** Nov 12, 19, 26, Dec 3, 10, 17

**Time:** Tuesdays, 11:15 a.m. to 12:00 p.m.

**Cost:** UPTRC Member \$35,

Non-member \$45

This energetic, theme based class introduces basic pre-school concepts to children through circle stories, games and crafts.

### Mommy & Me Yoga

*For mothers with children 3 to 5 years old*

**Location:** Recreation Center

**Fall I Session:** Sept 18, 25, Oct 2, 9, 16, 23

**Fall II Session:** Nov 13, 20, 27, Dec 4, 11, 18

**Time:** Wednesdays, 11 to 11:50 a.m.

**Instructor:** Holly

**Cost:** UPTRC Member \$30,

Non-member \$39

This is a class to bond with your child and strengthen their growing muscles.

### Sporty Sprouts

*3 to 5 years old*

**Location:** Anderson Farm Park

**Fall I Session:** Sept, 16, 23, 30, Oct 7, 21, 28

**Fall II Session:** Nov 11, 18, 25 Dec 2, 9, 16

**Time:** Mondays, 10:30 to 11:15 a.m.

**Cost:** Resident \$30, Non-Resident \$39

This fun, energetic class helps children practice their motor skills and interactions with other children through games and music. Please wear sneakers.

### TGIF

*2 to 5 years old*

**Location:** Recreation Center

**Date 1:** Friday, October 25

**Date 2:** Friday, November 22

**Time:** 10:15 a.m. to 11:05 a.m.

**Cost:** UPTRC Member \$5, Non-member \$8

Celebrate the end of the week and the start of the weekend with games and crafts at the Recreation Center!

### Indoor Soccer

*5 to 9 years old*

**Location:** Recreation Center

**Fall I Session:** Sept 17, 24, Oct 1, 8, 15, 22

**Fall II Session:** Nov 12, 19, 26, Dec 3, 10, 17

**Times for Ages 5-6:** Tuesdays, 4:30 to 5:20 p.m.

**Times for Ages 7-9:** Tuesdays, 5:30 to 6:20 p.m.

**Cost:** UPTRC Member \$30,

Non-Member \$39

Learn basic skills while playing this fast paced game. Each class includes warm up, instruction, and game play.

### Volleyball

*9 to 12 years old*

**Location:** Recreation Center

**Fall II Session only:** Nov 15, 22, 29,

Dec 6, 13, 20

**Time:** Fridays, 5 to 5:50 p.m.

**Cost:** UPTRC Member \$35,

Non-member \$45

Serve up some fun in our beautiful gym, and learn all the skills to make you a top notch player! A variety of drills and volleyball games will be played. Bring a water bottle and knee pads.

### Basic Drawing

*6 to 9 years old*

**Location:** Recreation Center

**Fall I Session:** Sept 17, 24, Oct 1, 8, 15, 22

**Fall II Session:** Nov 12, 19, 26, Dec 3, 10, 17

**Times for Ages 6-9:** Tuesdays, 4:30 to 5:20 p.m.

**Times for Ages 10-12:** Tuesdays, 5:30 to 6:20 p.m.

**Cost:** UPTRC Member \$40,

Non-member \$50

Explore the world of art using pencils, pastels, and paint. Learn basic elements of art including line, shape, form and texture. All supplies are included!

### Basketball

*9 to 12 years old*

**Location:** Recreation Center

**Fall I Session:** Sept 20, 27, Oct 4, 11, 18, 25

**Fall II Session:** Nov 15, 22, 29, Dec 6, 13, 20

**Time:** Fridays, 6 to 7 p.m.

**Cost:** UPTRC Member \$35,

Non-member \$45

Dribble, shoot, and score! Learn basketball techniques, workouts and drills, and play a variety of basketball games.

### Dodgeball

*9 to 12 years old*

**Location:** Recreation Center

**Fall I Session:** Sept 18, 25, Oct 2, 9, 16, 23

**Fall II Session:** Nov 13, 20, 27, Dec 4, 11, 18

**Time:** Wednesdays, 5 to 5:50 p.m.

**Cost:** UPTRC Member \$30,

Non-member \$39

Duck and dive to avoid getting "out"! Playing different variations of the game, children will learn rules, warm up, and play!

### Red Cross Babysitting Course

*11 to 15 years old*

**Location:** Upper Providence Recreation Center

**Date 1:** Saturday, October 26  
9 a.m. to 3 p.m.

**Cost:** UPTRC Member \$65

\* Non-Member \$75

The American Red Cross sponsors this babysitting workshop to teach teens how to be superior babysitters! The class will discuss ways to select safe toys and games as well as how to stay safe on the job and respond to emergencies. Be sure to pack a bag lunch.

# Adult and Senior Programs

## Cycling

Take a physical and mental journey on a stationary bike.

### **For ages 16+**

Mondays, 6-6:50 p.m. with Gina  
Mondays, 7-7:50 p.m. with Kristi  
Session I: Sept, 16, 23, 30, Oct 7, 14, 21  
Session II: Nov 11, 18, 25 Dec 2, 9, 16  
Wednesdays, 6-6:50 p.m. with Gina  
Wednesdays, 7-7:50 p.m. with Gina  
Session I: Sept 18, 25, Oct 2, 9, 16, 23  
Session II: Nov 13, 20, 27, Dec 4, 11, 18  
Saturdays, 8:10-9:00 a.m. with Kristi  
Session I: Sept, 21, 28, Oct 5, 12, 19, 26  
Session II: Nov 16, 23, 30 Dec 7, 14, 21

**Location:** Recreation Center

**Cost:** UPTRC Member \$25, Non-member \$43

## Zumba Gold

Zumba fuses hypnotic Latin rhythms and easy to follow moves.

### **For active adults**

Mondays, 11:15 a.m.-12:05 p.m. with Holly  
Session I: Sept, 16, 23, 30, Oct 7, 14, 21  
Session II: Nov 11, 18, 25 Dec 2, 9, 16  
Fridays, 11:45 a.m.-12:35 p.m. with Holly  
Session I: Sept 20, 27, Oct 4, 11, 18, 25  
Session II: Nov 15, 22, 29, Dec 6, 13, 20

**Location:** Recreation Center

**Cost:** UPTRC Member \$25, Non-member \$33

## Pilates

Slim your waist, stomach and hips; strengthen and tone your muscles. Bring an exercise mat and large towel.

### **For ages 16+**

Mondays, 7-7:50 p.m. with Arlene  
(Note: 10 person max, register now to avoid disappointment!)  
Session I: Sept, 16, 23, 30, Oct 7, 14, 21  
Session II: Nov 11, 18, 25 Dec 2, 9, 16  
Tuesdays, 9- 9:50 a.m. with Chris  
Session I: Sept 17, 24, Oct 1, 8, 15, 22  
Session II: Nov 12, 19, 26, Dec 3, 10, 17

**Location:** Recreation Center

**Cost:** UPTRC Member \$30, Non-member \$39

## Yoga Firm

Strengthen and tone your body using small balls, bands and mini weights. Bring a mat!

### **For ages 16+**

Tuesdays, 7-7:50 p.m. with Arlene  
Session I: Sept 17, 24, Oct 1, 8, 15, 22  
Session II: Nov 12, 19, 26, Dec 3, 10, 17

**Location:** Recreation Center

**Cost:** UPTRC Member \$30, Non-member \$39

## Gentle Mat Pilates

Learning Pilates techniques from the beginning.

### **For ages 16+**

Thursdays, 9-9:50 a.m. with Chris  
Session I: Sept 19, 26, Oct 3, 10, 17, 24  
Session II: Nov 14, 21, Dec 5, 12, 19, 26

**Location:** Recreation Center

**Cost:** UPTRC Member \$25, Non-member \$33

## Total Body Toning & Abs

Try this strength training class that will make working out fun and change your body! Bring an exercise mat. Class meets twice per week.

### **For ages 16+**

Tuesday & Thursday, 6:30-7:20 p.m.  
with Laura  
Session I: Sept 17, 19, 24, 26, Oct 1, 3, 8, 10, 15, 17, 22, 24  
Session II: Nov 12, 14, 19, 21, 26, Dec 3, 5, 10, 12, 17, 19, 26

**Location:** Recreation Center

**Cost:** UPTRC Member \$50, Non-Member \$62

## Zumba

Zumba fuses hypnotic Latin rhythms and easy to follow moves.

### **For ages 13+**

Wednesdays, 6:30 to 7:20 p.m.  
Session I: Sept 18, 25, Oct 2, 9, 16, 23  
Session II: Nov 13, 20, 27, Dec 4, 11, 18

**Location:** Recreation Center

**Cost:** UPTRC Member \$30, Non-member \$39

## Functional Fitness

Internal flexibility workout using bands and balls. Light aerobics will be included too. Bring water and mat.

### **For ages 13+**

Wednesdays, 6:30-7:20 p.m. with Arlene  
Session I: Sept 18, 25, Oct 2, 9, 16, 23  
Session II: Nov 13, 20, 27, Dec 4, 11, 18

**Location:** Recreation Center

**Cost:** UPTRC Member \$30, Non-member \$39

## Yoga

Enjoy traditional Yoga workout. For all levels. Bring a mat!

### **For ages 16+**

Thursdays, 6-6:50 p.m. with Holly  
Session I: Sept 19, 26, Oct 3, 10, 17, 24  
Session II: Nov 14, 21, Dec 5, 12, 19, 26

**Location:** Recreation Center

**Cost:** UPTRC Member \$30, Non-Member \$39

## Prenatal Yoga

Pregnant women will learn specific yoga poses, breathing exercises, and relaxation techniques.

### **For pregnant women**

Wednesdays, 12-12:50 p.m. with Holly  
Session I: Sept 18, 25, Oct 2, 9, 16, 23  
Session II: Nov 13, 20, 27, Dec 4, 11, 18

**Location:** Recreation Center

**Cost:** UPTRC Member \$25, Non-member \$33

## Strength in Motion

Increase strength, balance and flexibility using bands and light weights. Designed for active older adults.

### **For active adults**

Wednesdays, 9-9:50 a.m. with Chris  
Session I: Sept 18, 25, Oct 2, 9, 16, 23  
Session II: Nov 13, 20, 27, Dec 4, 11, 18

**Location:** Recreation Center

**Cost:** UPTRC Member \$25, Non-member \$33

## Cardio Kick

Kick and punch your way through this fast paced aerobic workout.

### **For ages 16+**

Mondays, 6-6:50 p.m. with Allison  
Session I: Sept, 16, 23, 30, Oct 7, 14, 21  
Session II: Nov 11, 18, 25 Dec 2, 9, 16  
**Location:** Recreation Center  
**Cost:** UPTRC Member \$30, Non-member \$39

## Self Defense Class

This is an eight-week course teaching women how to defend themselves from assaults.

### **For women ages 16+**

Thursdays, 5-6 p.m. with Sherry & John  
Session I: Sept 19, 26, Oct 3, 10, 17, 24, 31, Nov 7  
Session II: Nov 14, 21, Dec 5, 12, 19, 26, Jan 2  
**Location:** Recreation Center  
**Cost:** Session I UPTRC Member \$97, Non-member \$110  
Session II UPTRC Member \$86, Non-member \$100

## SilverSneakers Yoga

Move your body through a complete series of seated and standing yoga poses. Class is designed to increase flexibility, balance and range of movement.

### **For ages 55+**

Mondays, 10:15-11:05 a.m. with Holly  
Session I: Sept, 16, 23, 30, Oct 7, 14, 21  
Session II: Nov 11, 18, 25 Dec 2, 9, 16  
Wednesdays, 10-10:50 a.m. with Chris  
Session I: Sept 18, 25, Oct 2, 9, 16, 23  
Session II: Nov 13, 20, 27, Dec 4, 11, 18  
**Location:** Recreation Center  
**Cost:** Free for Silver Sneakers Members \$5 per class for Non Members

## SilverSneakers Classic

Move to music through a variety of exercises designed to increase muscular strength, range of movement, and activities for daily living.

### **For ages 55+**

Tuesdays, 10-10:50 a.m. with Chris  
Session I: Sept 17, 24, Oct 1, 8, 15, 22  
Session II: Nov 12, 19, 26, Dec 3, 10, 17  
Thursdays, 10-10:50 a.m. with Laura  
Session I: Sept 19, 26, Oct 3, 10, 17, 24  
Session II: Nov 14, 21, Dec 5, 12, 19, 26  
**Location:** Recreation Center  
**Cost:** Free for Silver Sneakers Members \$5 per class for Non Members

## NEW! Red Cross First Aid and Adult CPR/AED

Our Certified Red Cross CPR & First Aid Instructor will provide the lay responder with the knowledge and skills necessary in an emergency. Upon completion of skills and tests, participants will obtain a two-year certification by the American Red Cross in Adult CPR / AED and First Aid.

### **For 14 years and older**

**Location:** Recreation Center  
**Date:** Saturday, December 7  
**Time:** 9 am-3 p.m.  
**Cost:** UPTRC Member \$75, Non-members \$85

# Watching New Development



The Planning Commission reviews development plans at public meetings on the second and fourth Wednesdays of each month at 7 p.m. at the township building. If you have questions about development, call the township office at 610-933-9179, or stop by to review development plans or talk with a township staff member. Learn more at [www.uprov-montco.org/planning](http://www.uprov-montco.org/planning).

## Plans in Final Review

### Residential:

- **Bechtel Road, just west of Route 113.** A proposal to create seven lots, by Robert Fieco.
- **750 Black Rock Road.** Desimone proposes a three-lot residential sub-division.

### Commercial:

- **Campus Drive, between Troutman Road and Route 29.** The Berwind Group plans three additional buildings on 289,300 sq. feet. This project has received preliminary approval.
- **Egypt Road, south side, just west of Hollow Road.** Gambone Brothers proposes nine flex buildings located on a 42-acre tract.

## Plans Requesting Preliminary Review

- **628 Black Rock Road.** Bard Property proposes a three lot sub-division.
- **Olympic Road, west side.** A proposal to sub-divide the property into eight lots for the construction of single family homes.

## Plans Requesting Tentative Approval

- **1045 Black Rock Road.** Toll/ Troutman proposes to use the 55 acres to create 97 units to be developed under the new Township Mixed Residential Community zoning district.
- **1501 Main Street.** A proposal to create a 50,000 square foot indoor recreation facility for youth soccer leagues.

## Zoning Proposals

The following locations are under consideration by the Board of Supervisors as of August 2013:

- **1425 South Collegeville Road.** Proposal to develop an assisted living facility by using the four properties at this address to support 130 units.
- **Station Avenue and Egypt Road.** Proposal of a text amendment to the Neighborhood Convenience Commercial zoning Avenue and Egypt Road to permit a proposed shopping center in this location. This Project has been modified to include the Village of Oaks to develop a VCO Village Commercial Office district to regulate areas along Egypt Road.
- **Upper Providence Township.** A reorganization of the Institutional chapter of the Township's zoning ordinance to allow for more efficient administration.

## Call 811 Before You Dig

Smart digging means calling 811 before each job—whether it's a DIY project or a professional contractor job. Every digging job requires a call—even small projects like planting trees and shrubs. The depth of utility lines varies and there may be multiple utility lines in a common area. Digging without calling can disrupt service to an entire neighborhood, harm you and those around you and potentially result in fines and repair costs. Calling 811 before every digging job gets your underground utility lines marked for free and helps prevent undesired consequences.

## New Township Logo Update

The Board of Supervisors and Township Administration are moving ahead and are continuing to develop a grassroots campaign to cultivate a new graphic identity and logo for Upper Providence Township. The ultimate goal is to develop a consistent graphic system that will identify the various township buildings, vehicles, website, signage, communication materials, and more. Logo designs and updates about this project will be shared on the Township website, [www.uprov-montco.org](http://www.uprov-montco.org), in the near future. ❖

## Be In the Know with eNews

Add your family's e-mail address to the list on the Upper Providence Township website homepage at [www.uprov-montco.org](http://www.uprov-montco.org) and at our Recreation Center website at [www.uptrc.com](http://www.uptrc.com).

## Upper Providence Township



1286 Black Rock Road, PO Box 406  
• Oaks PA 19456  
Phone: 610-933-9179  
• Website: [www.uprov-montco.org](http://www.uprov-montco.org)

*Township Supervisors* ♦ Philip A. Barker, *Chairman*  
♦ Lisa Mossie, *Vice Chairman* ♦ John F. Pearson, *Supervisor*  
*Township Manager* ♦ George Waterman

# Upcoming events for the whole family!



## Enjoy Parents' Night Out

*For ages 4 to 14 years old*

**Location:** Recreation Center

**Date 1:** Friday, October 11

**Date 2:** Friday, November 15

**Date 3:** Friday, December 13

**Time:** 6-10:00 p.m.

**Cost:** UPTRC Member \$10 per child, Non-members \$15 per child

Plan a date night and leave the babysitting to us! We'll have a blast playing games, climbing the rock wall, eating pizza, and much more! Space is limited, please pre-register at [www.uptrc.com](http://www.uptrc.com) or call 610-933-9179.

## Floral Turkey Arrangement

*For ages 16+ (ages 10-15 may participate with a parent)*

**Location:** Recreation Center

**Date:** Tuesday, November 26th

**Time:** 7:00-8:30 p.m.

**Cost:** UPTRC Member \$35, Non-member \$42

Learn floral design techniques as you create a "no-calorie" floral turkey for your Thanksgiving table! All floral supplies are included; please bring floral shears and box to carry your creation home.

## Holiday Evergreen Arrangement

*For ages 16+ (ages 10-15 may participate with a parent)*

**Location:** Recreation Center

**Date:** Tuesday, December 10

**Time:** 7 to 8:30 p.m.

**Cost:** UPTRC Member \$27, Non-member \$32

Make an evergreen floral arrangement to give as a gift or to deck your halls! All floral supplies are included; please bring floral shears, glass ornaments to decorate your design, and a box to carry your creation home.

## Join Us For Breakfast with Santa

**Date:** Saturday, December 14

**Time:** 8-10 a.m.

**Location:** Recreation Center

**Cost:** UPTRC Member \$10 per family, Non-member \$20 per family

Enjoy a continental breakfast and crafts with Santa Claus! Bring your camera to take pictures.

# Updates from our Public Works Department



## Shoveling Etiquette

Keep these snow etiquette rules in mind to best help Upper Providence, PennDOT, and private contractor crews keep our roads safe during the winter months:

- Park all vehicles off the street before, during, and after a snowstorm.
- Refrain from throwing snow onto the roadway when shoveling. You could be fined.
- For recycling and garbage day pickup, please shovel an area for containers on your curb or driveway.
- Parents, please watch your children closely during snow play!
- Keep all sleds and toys out of the street.
- Remove snow from the end of your driveway and in the front of your mailbox.
- Shovel snow to the right of the driveway to avoid having plows push snow back into your driveway.

## Check Your Mailbox Placement

To prevent damage from passing snowplows, mailboxes should be installed following these specifications:

- Top of mailbox is 41-45 inches ground.
- Mailbox should be set back 6-8 inches from the front face of the curb or road edge.

*The township is not responsible for damage caused by improper mailbox placement or rotten mailbox posts.*

## Think Green! Recycle Your Christmas Tree

Between December 26, 2013 and January 31, 2014 please bring your ornament-free trees to:

- The township offices at 1286 Black Rock Road  
*\*During township office hours*
- The public compost site at 1094 Longford Road  
*\*During public compost site hours*

## Public Compost Site Autumn and Winter Hours

Our Township public compost site, located at 1094 Longford Road, is proud to offer free mulch and compost to township residents. For now, compost and mulch is free for township residents only, so please bring a photo ID to the compost site. Be sure to call the Public Works office before stopping by the compost site to confirm that mulch and compost are available: 610-933-9179.

- Wednesdays, 1 p.m. to dusk, weather permitting.
- Saturdays, 8 a.m. to 3 p.m., weather permitting.

### Leaves and Grass trimmings in need!

To create this nutrient rich mulch for the community, the public compost site is always in need of leaves and grass trimmings. Please feel free to drop off bags of either from your yard this autumn.

# Join Us for Fall and Winter Bus Trips!



Book an action-packed day—and leave the driving to us! To make your reservation, register online or download a registration form at [www.uprov-montco.org](http://www.uprov-montco.org), and mail it to the township office.

## Culinary Institute of America Lunch & Tour

**Date:** Monday, November 4, 2013  
**Departure:** 7 a.m.  
**Depart NYC:** 3:30 p.m.  
**Cost:** \$84 per person

Explore where the great chefs of America master the art of cooking, and savor some of their gourmet work at the on-site restaurant, Ristorante Caterina de' Medici. Our trip includes a tour of the NY Culinary Institute, lunch, and time to shop at the Woodbury Commons outlets.

## Radio City Christmas Spectacular

This performance is so popular, we're offering 3 dates again this year! However, seats fill quickly—reserve your space today to avoid disappointment.

**Date 1:** Thursday, December 5  
**Departure:** 8 a.m.  
**Depart NYC:** 4:30 p.m.  
**Cost:** \$110 per person  
**Date 2:** Monday, December 9  
**Departure:** 8 a.m.

**Depart NYC:** 4:30 p.m.  
**Cost:** \$110 per person  
**Date 3:** Wednesday, December 18  
**Departure:** 8:00 a.m.  
**Depart NYC:** 4:30 p.m.  
**Cost:** \$110 per person

Every glittering performance of the Radio City Christmas Spectacular features the Radio City Rockettes and a special appearance from Santa. You will have free time to shop and explore all that New York City has to offer. Price includes tickets and transportation.

## Mark Your Calendars: Community Day is Sept. 21

We are looking forward to seeing everyone at Black Rock Park for Community Day on September 21. Enjoy inflatables, live music by "Green River" (Show will be a CCR Tribute), food, candy art for kids, fireworks, a vendor blender, and more!

**NEW!** Head over to the Township Tennis Courts from 1:30-4 p.m. on Community Day, Saturday September 21 to enjoy Tennis Play Day, too.

## Lace Up For Our First Glow Rock-N-Run

**Saturday, October 26**  
**7-10:00 p.m.**  
**Run starts at 7:30 p.m.**

Light up the night during our first ever 1-mile Glow Fun Run/Walk. All runners and walkers are encouraged to show off their costumes and colors. The After Party includes DJ with laser lights, food, Children's activities, glowing giveaways, and more. Registration includes T-shirt and a glow gift to wear during the race.

Register today at [www.uptrc.com](http://www.uptrc.com), or you can download a registration form on [www.uprov-montco.org](http://www.uprov-montco.org) and mail it to the township office.

Register on or before September 30: \$20  
Register after September 30: \$30  
Children 5 years and younger: FREE

**Enjoy Music In The Park Featuring the Band "Beautiful Day"**  
Friday, October 4 at 7 p.m.  
Bring your blankets and chairs and join us for our final performance of the season featuring the band Beautiful Day. Concerts are held at Providence Town Center.

- ◆ Meet New Police Chief, Mark A. Toomey.
- ◆ Register for Fall Recreation Programs!
- ◆ Read What People Are Saying About Being a Member at the UPTRC!

### What's Inside:

**Fall 2013**

Township of Upper Providence  
1286 Black Rock Road  
PO Box 406, Oaks PA 19456



**CURRENT RESIDENT OR**

**POSTAL CUSTOMER**

Standard Mail  
U.S. Postage  
**PAID**  
SOUTHEASTERN  
PERMIT #565