



PRESS RELEASE

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MONTGOMERY COUNTY SENIOR GAMES

The **25th Annual** Montgomery County Senior Games will be held the week of May 10th to the 14th 2010. Monday, May 10th we will have an opening ceremony at the Montgomery County Community College, events will be held throughout the week at various locations in Montgomery County, culminating with an Awards Luncheon on Friday, May 14th, 2010 at the Normandy Farm.

Montgomery County Senior games combines sports and recreation with fellowship among everyone involved. Events include basketball (foul shooting and hot-shot), stationary bicycle races, billiards, bowling, darts, golf, par 3 golf, horseshoes, running, swimming, and more.

Any Montgomery county resident 50 years or older is eligible to participate.

There are seven age categories.

For more information or a schedule, please call the Upper Dublin Parks and Recreation Department at (215) 643-1600 ext. 3443 during the business day or by email jlevy@upperdublin.net. To download the information, point your browser to www.upperdublin.net and click on "Parks and Recreation" and then "Seniors."