



UPT Parks & Recreation Activity Guide

Feb. 1st - 22nd (Wednesdays)

Mahjong - 1pm

S

Come play Mahjong with friends at the UPTCC! This program is FREE for Community Center members!

Feb. 1st - 22nd (Wednesdays)

Youth Basketball - 4:45pm and 5:30pm

C

\$

Join Coach Lloyd as he teaches our friends the skills needed in basketball. Two classes on Wednesdays in February!

Feb. 2nd- 24th (Thursdays)

Youth Fitness - 5pm

C

Join Lloyd as he helps teach our friends proper techniques on how to work out. Free for members.

Feb. 3rd - 25th (Fridays)

Story Time - 10am

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Join Montgomery County Norristown Public Library for Story Time at the UPT Community Center.

Feb. 6th-27th (Mondays)

Hooks and Needles-1pm

S

Come work on your own knitting, crocheting, and hand craft projects in a group setting! This program is FREE for Community Center members!

Feb. 6th - April 24th (Mondays)

Dance - 6pm

\$

C

Join Elise as she introduces the joys of dance to our friends. This program will run for 12 weeks with a performance on May 7th.

Feb. 6th - April 24th (Mondays)

Theater Dance - 6:45pm

\$

C

Join Elise as she introduces the joys of dance to our friends. This program will run for 12 weeks with a performance on May 7th.

Community Center Contact Information:

Phone: 484-391-2390

E-mail: getuptcc@gmail.com



KIDS CORNER

TUESDAYS & WEDNESDAYS

TIME: 5:30 - 7:30PM

AGES: 2-10 YRS

CAREGIVERS MUST STAY IN THE CENTER.

Drop your kids off to play in Kids Corner while you workout or take a Fitness Class!

COMMUNITY CENTER REGULAR HOURS

OPEN HOURS

MON	8:00am - 8:00pm
TUE	8:00am - 8:00pm
WED	8:00am - 8:00pm
THU	8:00am - 8:00pm
FRI	8:00am - 8:00pm
SAT	8:00am - 12:00pm
SUN	CLOSED

UPT Community Center - 499 Hopwood Road, Collegeville, PA 19426



UPT PARKS & REC

Check out our new website!

uprov.recdesk.com



GEX Classes for February

- SS Strength in Motion - Mondays @10:15am (GEX)
- Qi Gong - Mondays @10:15am (Gym)
- Dance Your Bliss- Mondays @11am
- Total Body Stretch - Mondays @3pm
- Zumba Gold- Tuesdays @10:15am
- Total Body Strength - Tuesdays @6:00pm
- SS Stretch - Wednesdays @10:15am
- SS Cardio- Thursdays @10:15am
- Mindfulness Yoga- Thursdays @4:30pm
- SS Classic- Fridays @10:15am

C Children's Programs

A Adults Programs

S Senior Programs

\$ Programs have registration fees.

Feb. 7th - 28th (Tuesdays)

Mini Music Movers - Music and Story - 9:15; 10:15; & 11:15am

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We will explore centers to help develop our gross motor, fine motor, language, social & emotional development. Caregivers are required to stay with those enrolled in the class.

Feb. 9th- April 27th (Thursdays)

Ballet/Jazz Combo - 6pm & 6:45pm

\$

C

Join Jen as she introduces the joys of dance to our friends. This program will run for 12 weeks with a performance in early May.

Feb. 10th

Art for Seniors- 11am

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Join us this month as we make themed chocolates.

Feb. 11th

Dance Story time- 9am

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Join us for a story and some dances in the Silo of the Community Center to start your Saturday off right! Parents/Caregivers: This is NOT a drop off program.

Feb. 11th - April 29th (Saturdays)

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Dance - 9:45am

Join Elise as she introduces the joys of dance to our friends. This program will run for 12 weeks with a performance in early May.

Feb. 24th

Game Night - 6pm

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Grab your friends and join us for fun games. Some games may include dodgeball, basketball, video games, and more! Pre-registration required. Space is limited! Free for members.

Feb. 27th

Book Club - 7pm

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Join us for our first book club meeting. This month we are reading The Rose Code by Kate Quinn.

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Children's Programs

A

Adults Programs

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Senior Programs

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