

UPT Parks & Recreation Activity Guide

February

Feb. 1st – 22nd (Wednesdays)

Mahjong- 1pm



Come play Mahjong with friends at the UPTCC! This program is FREE for Community Center members!

Feb. 1st – 22nd (Wednesdays)

Youth Basketball – 4:45pm and 5:30pm



Join Coach Lloyd as he teaches our friends the skills needed in basketball. Two classes on Wednesdays in February!

Feb. 2nd– 24th (Thursdays)

Youth Fitness – 5pm



Join Lloyd as he helps teach our friends proper techniques on how to work out. Free for members.

Feb. 3rd – 25th (Fridays)

Story Time – 10am



Join Montgomery County Norristown Public Library for Story Time at the UPT Community Center.

Feb. 6th–27th (Mondays)

Hooks and Needles–1pm



Come work on your own knitting, crocheting, and hand craft projects in a group setting! This program is FREE for Community Center members!

Feb. 6th – April 24th (Mondays)

Dance – 6pm



Join Elise as she introduces the joys of dance to our friends. This program will run for 12 weeks with a performance on May 7th.

Feb. 6th – April 24th (Mondays)

Theater Dance – 6:45pm



Join Elise as she introduces the joys of dance to our friends. This program will run for 12 weeks with a performance on May 7th.

Community Center Contact Information:

Phone: 484-391-2390

E-mail: getuptcc@gmail.com

KIDS CORNER

TUESDAYS & WEDNESDAYS

TIME: 5:30 - 7:30PM
AGES: 2-10 YRS
CAREGIVERS MUST STAY IN THE CENTER.

Drop your kids off to play in Kids Corner while you workout or take a Fitness Class!

COMMUNITY CENTER REGULAR HOURS

OPEN HOURS

MON	8:00am - 8:00pm
TUE	8:00am - 8:00pm
WED	8:00am - 8:00pm
THU	8:00am - 8:00pm
FRI	8:00am - 8:00pm
SAT	8:00am - 12:00pm
SUN	CLOSED



Children's Programs



Adults Programs



Senior Programs



Programs have registration fees.

UPT Community Center - 499 Hopwood Road, Collegeville, PA 19426



UPT PARKS & REC

Check out our new website!

uprov.recdesk.com



GEX Classes for February

- SS Strength in Motion - Mondays @10:15am (GEX)
- Qi Gong - Mondays @10:15am (Gym)
- Dance Your Bliss- Mondays @11am
- Total Body Stretch - Mondays @3pm
- Zumba Gold- Tuesdays @10:15am
- Total Body Strength - Tuesdays @6:00pm
- SS Stretch - Wednesdays @10:15am
- SS Cardio- Thursdays @10:15am
- Mindfulness Yoga- Thursdays @4:30pm
- SS Classic- Fridays @10:15am

Feb. 7th – 28th(Tuesdays)

Mini Music Movers – Music and Story – 9:15; 10:15; & 11:15am

We will explore centers to help develop our gross motor, fine motor, language, social & emotional development. Caregivers are required to stay with those enrolled in the class.

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C

Feb. 9th– April 27th (Thursdays)

Ballet/Jazz Combo – 6pm & 6:45pm

Join Jen as she introduces the joys of dance to our friends. This program will run for 12 weeks with a performance in early May.

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Feb. 10th

Art for Seniors– 11am

Join us this month as we make themed chocolates.

S

Feb. 11th

Dance Story time– 9am

Join us for a story and some dances in the Silo of the Community Center to start your Saturday off right! Parents/Caregivers: This is NOT a drop off program.

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Feb. 11th – April 29th (Saturdays)

Dance – 9:45am

Join Elise as she introduces the joys of dance to our friends. This program will run for 12 weeks with a performance in early May.

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Feb. 24th

Game Night – 6pm

Grab your friends and join us for fun games. Some games may include dodgeball, basketball, video games, and more! Pre-registration required. Space is limited! Free for members.

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Feb. 27th

Book Club – 7pm

Join us for our first book club meeting. This month we are reading The Rose Code by Kate Quinn.

A

S

C Children's Programs

A Adults Programs

S Senior Programs

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