



# UPT Parks & Recreation Activity Guide

H  
U  
R  
A  
M

## March 1st - 29th (Wednesdays)

**Mahjong- 1pm**

S

Come play Mahjong with friends at the UPTCC! This program is FREE for Community Center members!

## March 1st - 29th (Wednesdays) C \$

**Youth Basketball - 5:30pm**

Join Coach Lloyd as he teaches our friends the skills needed in basketball.

## March 2nd - 30th (Thursdays) C \$

**Gym Games-5pm**

We invite our friends to come play games with us. We will be playing games such as dodgeball, tag, and more! FREE for members!

## March 2nd- April 27th (Thursdays) C \$

**Ballet/Jazz Combo - 6pm & 6:45pm**

This is a continuation of our February Dance program. This program will run through April with a performance in early May.

## March 3rd - 31st (Fridays)

**Story Time - 10am**

C

Join Montgomery County Norristown Public Library for Story Time at the UPT Community Center.

## March 6th-27th (Mondays)

**Hooks and Needles-1pm**

S

Come work on your own knitting, crocheting, and hand craft projects in a group setting! This program is FREE for Community Center members!

## March 6th - April 24th (Mondays)

**Dance - 6pm**

C

\$

This is a continuation of our February Dance program. This program will run through April with a performance in early May.

Community Center Contact Information:

Phone: 484-391-2390

E-mail: [getuptcc@gmail.com](mailto:getuptcc@gmail.com)



## KIDS CORNER

TUESDAYS & WEDNESDAYS

TIME: 5:30 - 7:30PM

AGES: 2-10 YRS

CAREGIVERS MUST STAY IN THE CENTER.

Drop your kids off to play in Kids Corner while you workout or take a Fitness Class!

## COMMUNITY CENTER REGULAR HOURS

### OPEN HOURS

MON	8:00am - 8:00pm
TUE	8:00am - 8:00pm
WED	8:00am - 8:00pm
THU	8:00am - 8:00pm
FRI	8:00am - 8:00pm
SAT	8:00am - 12:00pm
SUN	CLOSED

# UPT Community Center - 499 Hopwood Road, Collegeville, PA 19426



**Check out our new website!**

uprov.recdesk.com

U P T P A R K S A N D R E C R E A T I O N

# FLASHLIGHT EGG HUNT

**Friday, March 31, 2023, at Anderson Farm Park**  
\$8/Res, \$10/Non Res • Ages 11-15



**Pre-registration is required!**

**Space is limited!**

(484) 391-2390 • uprov.recdesk.com



## March 7th - 28th (Tuesdays)



### Mini Music Movers - Play Time - 9:15am and 10:15am

We will explore centers to help develop our gross motor, fine motor, language, social & emotional development. Caregivers are required to stay with those enrolled in the class.

## March 7th - 28th (Wednesdays)



### Indoor Soccer - 5:30pm

Join Coach Kiersten as she teaches our friends the skills needed in soccer.

## March 8th



### Star Party with DVAA - 7:30pm

Join our special guests, the DVAA, and learn about the moon and a variety of constellations. Rain/clouds will cancel this event. Rain date will be March 15th.

## March 9th



### Hawaii Three Island Information Session - 6pm

Join Premier World Discovery as they share all the fun that will be happening on the Hawaii Three Island Trip. Session will take place at the Community Center!

## March 10th



### Art for Seniors - 11am

Join us this month as we make a geometric tape painting together!

## March 11th



### Dance Story time - 9am

Join us for a story and some dances in the Silo of the Community Center to start your Saturday off right! Parents/Caregivers: This is NOT a drop off program.

## March 15th



### Harry Potter Musical/New York On Your Own - 7am

Join us as we travel to NYC for a fun filled day! You can either attend the Harry Potter Musical or spend the day on your own in NYC!



# UPT Parks & Recreation Activity Guide

UP  
T  
O  
P  
A  
R  
E  
C  
O  
M

## March 16th

### Nature Explorers: Birds & Nest boxes- 10am

C

Join us to learn why our boxes are important. Discover which bird species are using the boxes. Class will be held outside (weather dependent). This is not a drop off program.

## March 22nd

### Goldfish Swim School Story Time- 10am

C

Join Goldfish Swim School for a fun story time. Geared towards ages 1-6 years old. Parents/Caregivers, please stay with your children for this program.

## March 22nd and 29th

### Pickleball Clinic- 7pm

A

S

Come learn all about the fun new sport-Pickleball!

## March 24th

C

\$

### Parents' Night Out - 6pm

Looking for some quiet time away from the kids? Drop them off at the center for a fun evening of games, food, and more! Pre-registration is required!

## March 25th

### Dek Hockey Clinic - 9am and 10:30am

C

Grab your friends and join us for a Dek Hockey Pop Up! Learn the basics of Dek Hockey at Anderson Farm Park!

## March 27th

### Book Club - 7pm

A

S

Join us for our book club meeting. This month we are reading

## March 28th

A

S

### Pivot Physical Therapy Seminar: Rotator Cuff - 11am

Join Pivot Physical Therapy as they discuss Rotator Cuff injuries. Hope to see you there!

## March 31st

### Flashlight Egg Hunt - 7:30pm

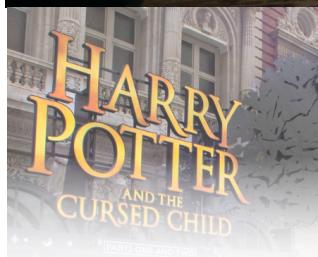
\$

Grab your flashlights and join us at Anderson Farm Park for our annual Flashlight Egg Hunt. Pre-registration is required.

## GEX Classes for March

- Strength in Motion - Mondays @10:15am
- Qigong- Mondays @11am
- Dance Your Bliss - Mondays @12pm
- Zumba Gold- Tuesdays @9:30am
- SS Weights- Tuesdays @10:15am
- Total Body Strength - Tuesdays @6:30pm
- SS Stretch - Wednesdays @10:15am
- SS Cardio- Thursdays @10:15am
- SS Classic- Fridays @10:15am

For more information about these classes visit [upperprovidencepa.myrec.com](http://upperprovidencepa.myrec.com)



## New York on Your Own & Broadway Bus Trip

When: Wed, March 15

Time: All Day

Price: NYC on your own - \$75.00

Broadway - \$160.00

Space is limited. Register online at [uprov.recdesk.com](http://uprov.recdesk.com).