



UPT Parks & Recreation Activity Guide

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April 2nd

Community Egg Hunt-11am

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Come join us for our Community Egg Hunt! This year it will take place at **Black Rock Park!**

April 3rd-24th (Mondays)

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Hooks and Needles-1pm

Come work on your own knitting, crocheting, and hand craft projects in a group setting! This program is FREE for Community Center members!

April 3rd – April 24th (Mondays)

C \$

Dance - 6pm

This is a continuation of our February Dance program. This program will run through April with a performance in early May.

April 3rd – April 24th (Mondays)

C \$

Youth Volleyball - 5pm

Join Coach Laurie as she teaches the basics of Volleyball!

April 4th - 25th(Tuesdays)

C \$

Mini Music Movers - Music & Story - 9:15am and 10:15am

We will learn a variety of songs, explore instruments, and props through our time together!

April 4th - 25th (Tuesdays)

C \$

Indoor Soccer -5pm

Join Coach Kiersten as she teaches our friends the skills needed in soccer.

Community Center Contact Information:

Phone: 484-391-2390

E-mail: getuptcc@gmail.com



KIDS CORNER

TUESDAYS & WEDNESDAYS

TIME: 5:30 - 7:30PM

AGES: 2-10 YRS

CAREGIVERS MUST STAY IN THE CENTER.

Drop your kids off to play in Kids Corner while you workout or take a Fitness Class!

COMMUNITY CENTER REGULAR HOURS

OPEN HOURS	
MON	8:00am - 8:00pm
TUE	8:00am - 8:00pm
WED	8:00am - 8:00pm
THU	8:00am - 8:00pm
FRI	8:00am - 8:00pm
SAT	8:00am - 12:00pm
SUN	CLOSED

Programs have registration fees.

UPT Community Center - 499 Hopwood Road, Collegeville, PA 19426



Check out our new website!

The website features a search bar with the URL 'uprov.recdesk.com' and a magnifying glass icon. The main content area displays the 'UPT Parks & Recreation Activity Guide' for April. It includes sections for 'Jan. 2nd' (closed for the Holiday), 'Jan. 4th - 25th (Wednesdays)' (Mahjong - 1pm), 'Jan. 8th - 27th (Fridays)' (Story Time - 10am), and 'Community Center Contact Information' (Phone: 484-391-2000, Email: upr@uprcc.org). A mobile phone icon shows the responsive mobile version of the site.

GEX Classes for April

- Stroller Strides- Mondays @9am
- Enhanced Fitness - Mondays @10:15am
- Chair Yoga- Tuesdays @10:15am
- Dance Your Bliss - Tuesdays @11am
- Total Body Strength - Tuesdays @6:30pm
- SS Stretch - Wednesdays @10:15am
- Mommy & Me Fit - Thursdays @9am
- SS Cardio- Thursdays @10:15am
- Mindfulness Yoga- Thursdays @4:30pm
- Zumba - Fridays @10:15am

For more information about these classes visit
upperprovidencepa.myrec.com

April 5th - 26th (Wednesdays) S

Mahjong- 1pm

Come play Mahjong with friends at the UPTCC! This program is FREE for Community Center members!

April 5th - 26th (Wednesdays) C \$

Gym Games -5pm

We invite our friends to come play games with us. We will be playing games such as dodgeball, tag, and more! FREE for members!

April 6th - 27th (Thursdays) C \$

Ballet/Jazz Combo - 6pm & 6:45pm

This is a continuation of our February Dance program. This program will run through April with a performance in early May.

April 14th - 28th (Fridays) C

Story Time - 10am

Join Montgomery County Norristown Public Library for Story Time at the UPT Community Center. NO story time on 4/7!

April 14th

Art for Seniors- 11am S

Join us this month for a fun new craft project!

April 15th

Dance Story time- 9am C

Join us for a story and some dances in the Silo of the Community Center to start your Saturday off right! Parents/Caregivers: This is NOT a drop off program.



UPT Parks & Recreation Activity Guide

April 20th

Nature Explorers: Beginner Birders- 10am



Join us to learn how to become a "Birder"! Learn the ins and outs of using binoculars, bird books, and bird phone apps.

April 23rd

Jam at Black Rock - 12pm



Skateboarders of all ages are invited to come out and ride various obstacles around the park. Come on out, skate with friends, and let's have some fun!

RAIN DATE: April 30th

April 24th

Book Club - 6:30pm



Join us for our book club meeting. This month we are reading and discussing: If I live until Morning by Jean Muenchrath.

April 25th



Pivot Physical Therapy Seminar: Knee Pain - 11am

Join Pivot Physical Therapy as they discuss knee pain and teach us techniques of how to alleviate it.

April 25th



Medicare Seminar: - 6pm

Join Steve Perlman to have all your Medicare questions answered.

SUMMER CAMPS

CAMP BLACK ROCK

Dates: Monday-Friday; 8am-4pm

June 19-August 4

NO CAMP JULY 3-7

Resident Registration: 2/27/2023

Non-Resident Registration: 4/3/2023

For more information, registration, and updates, please visit our website uprov.recdesk.com.

Any questions can be directed to our email, uptcamps@gmail.com.



JUNE 3RD • SAVE THE DATE!
2-8PM AT ANDERSON FARM PARK

JAM AT BLACK ROCK
APRIL 23 • 12-3pm



SAVE THE DATE

SPECIALTY CAMPS

Bricks 4 Kidz: July 12 - 21; August 7 - 11

Jump Start: June 12 - 16; June 26 - 30

Mad Science: June 12 - 16; July 10 - 14; August 14-18

Skate The Foundry: July 24 - 28; August 14 - 18



*Please note that **ALL** camp information, dates, and options are subject to change.*